

Course Code: ALH 196

Course Title: Dental Hygiene Board Exam Prep

Department: Allied Health

Effective Date: Summer 2026

PCS Code: 1.2 - Occupational/Technical Instruction

CIP Code: 51.0602

Repeatability: 0

Credit Hours

Catalog Notation: 2-0-2

Credit Hour Distribution:

Lecture: 2

Lab: 0

Clinical: 0

Total: 2

General Course Information

Catalog Description

This comprehensive Dental Hygiene Board Review Course prepares students for the National Board Dental Hygiene Exam with in-depth content review; practical application; and specific test-taking skills like time management, handling multiple-choice questions, and navigating the computer-based exam format.

General Course Objectives

- Identify comprehensive mastery of all NBDHE subject areas.
- Demonstrate critical thinking and practical application skills through theoretical knowledge and case study analysis.
- Apply effective test-taking strategies specific to the NBDHE, including time management, handling complex case-based questions, and navigating the computer-based exam format.
- Complete regular assessments and practice exams to boost confidence, reduce exam anxiety, and optimize overall exam performance.

Minimum Placement Levels

English	Reading	Math
Placement out of ENG 099	Placement out of CCS 099	None

Prerequisites

Admission into the Dental Hygiene program

Methods of Evaluation

1-4 weekly assignments, 3-5 discussion posts, 4 mock board exams, and 1 HESI exam.

Instructional Materials and Additional Supplies

- Darby's Comprehensive Review of Dental Hygiene, C.M.Blue, Elsevier Mosby, current edition. ISBN: 9780323710510
- Case Studies in Dental Hygiene, E. Thomson, current edition. ISBN: 978-0132913089

Course Content

General Learning Outcomes (GLOs)

- Critical Thinking and Information Literacy: Students will demonstrate the ability to evaluate perspectives, evidence, and implications, and to locate, assess, and use information effectively.

Course Segments and Student Learning Outcomes

Course Segment	Learning Outcomes	Lecture Hours	Lab Hours	Clinical Hours
Introduction and Course Objectives	1. Explain past course objectives for successful completion of the standardized board examination.	1	0	0
Vocabulary Building	1. Recall vocabulary to understand test question construction.	1	0	0
Study/Memory Techniques and Strategies	1. Apply strategies to learn and recall course material.	2	0	0
Information Processing and Memory	1. Examine previously learned information and use it in a specific situation; recall and apply general ideas, rules, and theories. 2. Discuss the rationale when reviewing test answers.	6	0	0
Test Preparation and Test-Taking	1. Practice study and test preparation strategies. 2. Demonstrate effective strategies for answering test questions, including multiple-choice, testlet, and case studies.	10	0	0
Case Study Analysis	1. Analyze information to determine appropriate responses. 2. Compare multiple concepts to formulate accurate answers. 3. Analyze and prioritize situations effectively to determine the best course of action.	10	0	0

Total Contact Hours

Lecture Hours	Lab Hours	Clinical Hours
30	0	0