

Course Code: FYE 101

Course Title: Strategies for College Success

Department: Instructional Support

Effective Date: Summer 2026

PCS Code: 1.1 - Baccalaureate/Transfer

CIP Code: 24.0102

Repeatability: 0

Credit Hours

Catalog Notation: 1-0-1; 2-0-2; 3-0-3

Credit Hour Distribution:

Lecture: 3

Lab: 0

Clinical: 0

Total: 3

General Course Information

Catalog Description

Designed to help students succeed in college and beyond. Includes self-assessment, goal-setting, academic skill building, educational and career planning, time management, interpersonal communication, and personal development.

General Course Objectives

The primary purpose of this course is to support and empower students to be successful in college. Students engage in educational, career, and life planning. Students learn and actively practice strategies to advance their academic skills, interpersonal communication skills, and problem solving skills.

Minimum Placement Levels

English

None

Reading

Placement into CCS 098

Math

None

Prerequisites

None

Methods of Evaluation

The methods of evaluation for this class include, but are not limited to: weekly assignments/quizzes, campus resource visits, advisor interview and academic plan, 1-3 page goal-setting assignment, and 2-3 page career exploration paper.

Instructional Materials and Additional Supplies

Understanding Your College Experience, Publisher: Bedford/St. Martin's, Third Edition. 9781319310967

Course Content

General Learning Outcomes (GLOs)

- Communication: Students will demonstrate the ability to read, write, listen, and speak effectively.
- Creativity and Innovative Thinking: Students will design, present, and interpret materials, information, and ideas in innovative ways.
- Global Awareness and Cultural Reasoning: Students will demonstrate their understanding of global issues, gender and sexual orientation, and multicultural perspectives.

Course Segments and Student Learning Outcomes

1 credit hour option

Course Segment	Learning Outcomes	Lecture Hours	Lab Hours	Clinical Hours
Foundations of College Student Success: Identifying and implementing strengths-based strategies for personal growth and improvement	<ol style="list-style-type: none"> 1. Summarize own motivation for attending Parkland College. 2. Define emotional intelligence as it relates to resilience. 3. Translate own dream(s) into goals that are specific, measurable, action-oriented, realistic, and timely (SMART). 4. Explain the value of diversity and demonstrate tolerance of differing viewpoints. 5. Outline a plan for effective time, energy, and money management. 	5	0	0
Understanding Opportunities and Creating Plans for Academic Growth and Development	<ol style="list-style-type: none"> 1. Describe available college resources/services and actively utilize those specific to own academic needs. 2. Demonstrate the ability to organize, track, and complete assignments on time. 3. Discuss academic honesty and state the consequences of cheating as defined by the Parkland Student Code of Conduct. 4. Demonstrate competency in use of Parkland's learning management system, email, and student portal. 5. Describe the steps of information literacy as applied to college research. 	5	0	0
Exploring, Analyzing, and Choosing Educational and Career Pathways	<ol style="list-style-type: none"> 1. Identify own interests, abilities, and work values. 2. Connect personal interests, abilities, and work values with possible majors and careers. 3. Seek and report career/occupational information as it relates to future employment opportunities. 4. Consult with an academic advisor and select a specific college major/career pathway. 5. Develop a detailed academic plan to achieve a relevant credential at Parkland College. 	5	0	0

Total Contact Hours

Lecture Hours	Lab Hours	Clinical Hours
15	0	0

2 credit hour option

Course Segment	Learning Outcomes	Lecture Hours	Lab Hours	Clinical Hours
<p>Mobilizing College Student Success Strategies: Understanding and operationalizing personal, academic, and career values for critical decision making</p>	<ol style="list-style-type: none"> 1. Summarize own motivation for attending Parkland College. 2. Define emotional intelligence as it relates to resilience. 3. Translate own dream(s) into goals that are specific, measurable, action-oriented, realistic, and timely (SMART). 4. Explain the value of diversity and demonstrate tolerance of differing viewpoints. 5. Outline a plan for effective time, energy, and money management. 6. Demonstrate personal responsibility and civility in speech and actions. 7. Improve communication and conflict management skills in important relationships. 8. Engage by participation in two enrichment activities/events at Parkland College. 	10	0	0
<p>Building Skills for Academic Performance and Optimal Learning</p>	<ol style="list-style-type: none"> 1. Describe available college resources/services and actively utilize those specific to own academic needs. 2. Define specific college terms. 3. Demonstrate the ability to organize, track, and complete assignments on time. 4. Construct a realistic schedule for managing course work, study time, and other obligations. 5. Discuss academic honesty and state the consequences of cheating as defined by the Parkland Student Code of Conduct. 6. Demonstrate competency in use of Parkland's learning management system, email, and student portal. 7. Describe the steps of information literacy as applied to college research. 8. Use recommended techniques to build reading, writing, and presenting skills. 9. Describe techniques for improving memory and test taking. 10. Define test anxiety and strategies for managing it. 11. Develop useful strategies for successful online learning. 12. Develop appropriate use of technology and social media. 	10	0	0
<p>Integrative Approaches for Mastering the Selection of Educational and Career Pathways</p>	<ol style="list-style-type: none"> 1. Identify own interests, abilities, and work values. 2. Connect personal interests, abilities, and work values with possible majors and careers. 3. Seek and report career/occupational information as it relates to future employment opportunities. 4. Consult with an academic advisor and select a specific college major/career pathway. 5. Develop a detailed academic plan to achieve a relevant credential at Parkland College. 6. Demonstrate knowledge of the programs and majors at Parkland College. 	10	0	0

Total Contact Hours

Lecture Hours	Lab Hours	Clinical Hours
30	0	0

3 credit hour option

Course Segment	Learning Outcomes	Lecture Hours	Lab Hours	Clinical Hours
Employing College Student Success Strategies: Putting into practice diverse skills for personal, academic, and career wellness	<ol style="list-style-type: none"> 1. Summarize own motivation for attending Parkland College. 2. Define emotional intelligence as it relates to resilience. 3. Translate own dream(s) into goals that are specific, measurable, action-oriented, realistic, and timely (SMART). 4. Explain the value of diversity and demonstrate tolerance of differing viewpoints. 5. Outline a plan for effective time, energy, and money management. 6. Demonstrate personal responsibility and civility in speech and actions. 7. Improve communication and conflict management skills in important relationships. 8. Engage by participation in two enrichment activities/events at Parkland College. 	12	0	0
Understanding the Role of Critical Thinking, Mindset, and Personal Strengths to Manage Academic Challenges	<ol style="list-style-type: none"> 1. Describe available college resources/services and actively utilize those specific to own academic needs. 2. Define specific college terms. 3. Demonstrate the ability to organize, track, and complete assignments on time. 4. Construct a realistic schedule for managing course work, study time, and other obligations. 5. Identify own learning strengths and devise a plan to manage areas of challenge. 6. Describe the concept of critical thinking. 7. Discuss academic honesty and state the consequences of cheating as defined by the Parkland Student Code of Conduct. 8. Demonstrate competency in use of Parkland's learning management system, email, and student portal. 9. Describe the steps of information literacy as applied to college research. 10. Use recommended techniques to build reading, writing, and presenting skills. 11. Describe techniques for improving memory and test taking. 12. Define test anxiety and strategies for managing it. 13. Develop useful strategies for successful online learning. 14. Develop appropriate use of technology and social media. 	21	0	0
Integrative Approaches for Mastering the Selection of Educational and Career Pathways	<ol style="list-style-type: none"> 1. Identify own interests, abilities, and work values. 2. Connect personal interests, abilities, and work values with possible majors and careers. 3. Seek and report career/occupational information as it relates to future employment opportunities. 4. Consult with an academic advisor and select a specific college major/career pathway. 5. Develop a detailed academic plan to achieve a relevant credential at Parkland College. 6. Demonstrate knowledge of the programs and majors at Parkland College. 	12	0	0

Total Contact Hours

Lecture Hours	Lab Hours	Clinical Hours
45	0	0