

Course Code: LPN 135

Course Title: Nursing in Obstetrics

Department: Nursing

Effective Date: Summer 2026

PCS Code: 1.2 - Occupational/Technical Instruction

CIP Code: 51.3901

Repeatability: 0

Credit Hours

Catalog Notation: 2-3-3

Credit Hour Distribution:

Lecture: 2

Lab: 0

Clinical: 3

Total: 3

General Course Information

Catalog Description

Care of pregnant women and newborns. Normal physiological processes as well as health alterations are presented.

General Course Objectives

Utilizes the nursing process and functional health patterns to provide care for the maternity client as well as newborns. Manages the care of both normal physiological processes and deviations of wellness in the above stated population. Patient teaching is emphasized.

Minimum Placement Levels

English	Reading	Math
Placement out of ENG 099	Placement out of CCS 099	None

Prerequisites

Credit in LPN 111, LPN 114, and LPN 117

Credit or concurrent enrollment in LPN 118 and LPN 130

Admission into the LPN program

Methods of Evaluation

6-7 quizzes, final exam, 1-2 faculty evaluations, and 1-2 projects/presentations.

Instructional Materials and Additional Supplies

Safe Maternity & Pediatric Nursing Care, 978-0-8036-9734-8

Introduction to Maternity & Pediatric Nursing: Study Guide, current edition, Leifer, G., Mosby: St. Louis. 978-0-323-56754-1

Course Content

General Learning Outcomes (GLOs)

- Critical Thinking and Information Literacy: Students will demonstrate the ability to evaluate perspectives, evidence, and implications, and to locate, assess, and use information effectively.

Course Segments and Student Learning Outcomes

Course Segment	Learning Outcomes	Lecture Hours	Lab Hours	Clinical Hours
Antepartal Nursing: a. Physiological Changes related to Pregnancy, b. Preparation for Parenting, c. Family Adaptation to Pregnancy/Infant, d. Complications of Pregnancy, e. Infertility	1. Compare the presumptive, probable, and positive signs of pregnancy. 2. Relate the physiological changes that occur in the body systems as a result of pregnancy and the signs and symptoms that develop. 3. Discuss common concerns a pregnant family has in relation to general care. 4. Discuss methods of preparation for parenting. 5. Identify significant factors to be assessed in the antepartal care of a maternity patient. 6. Identify socioeconomic, cultural, and physiological considerations that affect the outcome of pregnancy.	10	0	0
Labor and Delivery: Physical and Psychosocial Factors in the Birth Process	1. Assess, plan, and implement nursing care of the mother/significant other during the four stages of labor. 2. Recognize the normal patterns of fetal heart tones and common deviations from normal patterns. 3. Identify labor patients experiencing complications and plan care accordingly. 4. Assess, plan, and carry out the nursing care of the normal postpartum client. 5. Assess, plan, and carry out the nursing care of the postpartum client with complications. 6. Identify socioeconomic, cultural, and physiological considerations that affect the outcome of pregnancy. 7. Provide safe, competent care for women and children across the lifespan who are experiencing normal and abnormal health.	2	0	6
Labor and Delivery: Assessment of the Labor Process	1. Assess, plan, and implement nursing care of the mother/significant other during the four stages of labor. 2. Recognize the normal patterns of fetal heart tones and common deviations from normal patterns. 3. Identify labor patients experiencing complications and plan care accordingly. 4. Assess, plan, and carry out the nursing care of the normal postpartum client. 5. Assess, plan, and carry out the nursing care of the postpartum client with complications. 6. Identify socioeconomic, cultural, and physiological considerations that affect the outcome of pregnancy.	2	0	6

Course Segment	Learning Outcomes	Lecture Hours	Lab Hours	Clinical Hours
Labor and Delivery: Planning and Implementing Nursing Care for the Patient in Labor	1. Assess, plan, and implement nursing care of the mother/significant other during the four stages of labor. 2. Recognize the normal patterns of fetal heart tones and common deviations from normal patterns. 3. Identify labor patients experiencing complications and plan care accordingly. 4. Assess, plan, and carry out the nursing care of the normal postpartum client. 5. Assess, plan, and carry out the nursing care of the postpartum client with complications. 6. Identify socioeconomic, cultural, and physiological considerations that affect the outcome of pregnancy.	2	0	6
Labor and Delivery: Family Adaptation to Pregnancy/Infant	1. Assess, plan, and implement nursing care of the mother/significant other during the four stages of labor. 2. Recognize the normal patterns of fetal heart tones and common deviations from normal patterns. 3. Identify labor patients experiencing complications and plan care accordingly. 4. Assess, plan, and carry out the nursing care of the normal postpartum client. 5. Assess, plan, and carry out the nursing care of the postpartum client with complications. 6. Identify socioeconomic, cultural, and physiological considerations that affect the outcome of pregnancy.	2	0	6
Labor and Delivery: Complications of Pregnancy	1. Assess, plan, and implement nursing care of the mother/significant other during the four stages of labor. 2. Recognize the normal patterns of fetal heart tones and common deviations from normal patterns. 3. Identify labor patients experiencing complications and plan care accordingly. 4. Assess, plan, and carry out the nursing care of the normal postpartum client. 5. Assess, plan, and carry out the nursing care of the postpartum client with complications. 6. Identify socioeconomic, cultural, and physiological considerations that affect the outcome of pregnancy.	3	0	7
Labor and Delivery: Infertility	1. Describe common causes and treatments of infertility. 2. Identify socioeconomic, cultural, and physiological considerations that affect the outcome.	2	0	0
The Family: Normal Postpartum	1. Assess mother/infant relationship and respond accordingly. 2. Assess the mother's need for information regarding family planning and intervene accordingly. 3. Describe how to individualize postpartum and newborn care with socioeconomic, cultural, and physiological considerations. 4. Describe postpartum changes in maternal systems and the associated nursing care. 5. Modify nursing assessments and interventions for the woman who has a cesarean birth. 6. Describe the nursing care of the normal newborn.	2	0	7
The Family: Mom and Baby	1. Assess mother/infant relationship and respond accordingly. 2. Assess the mother's need for information regarding family planning and intervene accordingly.	2	0	7

Course Segment	Learning Outcomes	Lecture Hours	Lab Hours	Clinical Hours
Postpartum Complications; Loss and Grief; Menopause	1. Explain the normal expected changes involving the uterus after delivery. 2. Discriminate between early postpartum hemorrhage and late postpartum hemorrhage and formulate a plan of care. 3. Describe the assessment process for signs and symptoms of postpartum infection. 4. Justify the need for postpartum assessment for depression. 5. Formulate a plan of care which recognizes the needs of a grieving parent/family. 6. Describe the physiological and psychological changes associated with menopause. 7. Explain the role culture has on views of menopause. 8. Discuss treatment options for individuals experiencing menopause. 9. Discriminate between risks and benefits for hormone replacement therapy or alternative therapies.	3	0	0

Total Contact Hours

Lecture Hours	Lab Hours	Clinical Hours
30	0	45