

Course Information Form (CIF)

Course Code: NAS 111

Course Title: Basic Nursing Assistant Training Program (BNATP)

Department: Nursing

Effective Date: Summer 2026

PCS Code: 1.2 - Occupational/Technical Instruction

CIP Code: 51.3902

Repeatability: 0

Credit Hours

Catalog Notation: 4-7-6

Credit Hour Distribution:

Lecture: 4

Lab: 3

Clinical: 4

Total: 6

General Course Information

Catalog Description

Prepares students to care for patients under direct supervision of a licensed nurse in a long-term care facility, hospital, assisted living, or home setting. Basic Nurse Aide Training Program is approved by IDPH and leads to certification.

General Course Objectives

Prepares students to care for patients under the direct supervision of a licensed nurse in a variety of settings.

Minimum Placement Levels

English	Reading	Math
Placement out of ENG 098	Placement out of CCS 098	Placement into MAT 060

Prerequisites

Valid social security number and fingerprint background check

Approval of program director or department chair

Methods of Evaluation

16-17 objective quizzes, 1 comprehensive final, 1 project (dementia presentation), on-campus laboratory practice. Pass/Fail for skills in laboratory and clinical. 40 hours of clinical practice (minimum).

Instructional Materials and Additional Supplies

Hedman, S.A., Fuzy, J., & Rymer, S. (2022). Nursing Assistant Care, Long-Term Care, (5th ed).

Hartman's: Publisher

Workbook to accompany textbook: Nursing Care Assistant, Long-Term Care, (5th ed), Hartman's Publishing, Inc.

Scrubs top and bottom for clinical approximately \$50. Watch with second hand approximately \$15.

State exam fees are not included and student responsibility (\$85).

Course Content

General Learning Outcomes (GLOs)

- Communication: Students will demonstrate the ability to read, write, listen, and speak effectively.
- Reasoning and Inquiry: Students will demonstrate the ability to solve problems using deductive reasoning and logic, quantitative reasoning, or the scientific method.
- Global Awareness and Cultural Reasoning: Students will demonstrate their understanding of global issues, gender and sexual orientation, and multicultural perspectives.

Course Segments and Student Learning Outcomes

Course Segment	Learning Outcomes	Lecture Hours	Lab Hours	Clinical Hours
Introduction to the Health Care Systems	1. Describe the various aspects of the health care systems as they relate to the role and function of the certified nursing assistant. 2. Describe ethical and legal considerations of the certified nursing assistant role, responsibilities, job description, and HIPAA.	1	1	1
Introduction to the Patient/Resident	1. Explain how residents' rights affect the role and responsibilities of the certified nursing assistant and other members of the health team. 2. Describe how the holistic care provided by the nursing assistant assists residents to meet their basic needs at each stage of growth and development. 3. Describe effective techniques for communicating with residents with special needs.	2	1	1
The Working Environment	1. Use principles of asepsis and infection control to provide safe and comprehensive care to residents.	3	3	1
Patient Safety	1. Use principles of safety in relation to residents, environment, and self.	3	3	3
Patients/Residents Unit	1. Demonstrate knowledge and skills necessary to provide safety, dignity, and comfort to the residents.	3	3	2
Lifting, Moving, and Transporting Patients/Residents	1. Demonstrate knowledge and skills necessary to safely lift, move, and transport residents.	3	3	3
Basic Anatomy	1. Demonstrate knowledge of basic anatomy and physiology of the human body. 2. Describe the care the certified nursing assistant would expect to provide to residents with common health problems.	3	1	2
Personal Care of Patient/Resident	1. Provide safe and comprehensive personal care to residents.	3	6	7
Nutrition	1. Identify the role of nutrition and hydration in meeting basic needs when giving residents care. 2. Demonstrate knowledge and skills necessary to assist in meeting the nutritional needs of residents.	3	3	6

Course Segment	Learning Outcomes	Lecture Hours	Lab Hours	Clinical Hours
Fluid Balance	1. Demonstrate knowledge and skills necessary to assist in safely and accurately maintaining the fluid balance in providing resident care.	3	3	2
Observing and Recording Vital Signs	1. Demonstrate knowledge and skills necessary to safely and accurately measure the vital signs of residents.	3	6	4
Supportive Care	1. Demonstrate knowledge and skills necessary to safely and accurately give supportive care to residents.	3	1	2
Fundamentals of Rehabilitation	1. Apply principles of rehabilitation nursing in everyday care.	3	3	2
Patient Care Planning	1. Explain the role and responsibilities of the certified nursing assistant in the care planning process to meet the physical, psychosocial, economic, and spiritual needs of patients.	1	1	2
Patient/Resident in Isolation	1. Describe the various aspects of care for the patient in isolation.	1	1	1
Alzheimer's Disease	1. Demonstrate knowledge and skills necessary to safely and accurately provide care for clients with Alzheimer's disease.	13	2	8
Care of Terminally Ill Patient/Resident and Deceased	1. Apply the principles related to loss of life to the care of the patient and their family. 2. Execute the physical care for the deceased with dignity and concern.	2	1	2
Cardiopulmonary Resuscitation/Choking/Disaster Preparedness	1. Demonstrate the knowledge and skills necessary to take appropriate action in an emergency situation. 2. Identify disaster preparedness concerns in health care and the community.	3	1	0
Care of Surgical Patient	1. Apply the principles of surgical asepsis, wound care, and oxygen administration to the surgical patient.	1	1	3
Aging and Dementia	1. Differentiate between normal and abnormal aging and dementia. 2. Define the terminology of senile dementia, multi-infarct dementia, and organic brain syndrome.	3	1	8

Total Contact Hours

Lecture Hours	Lab Hours	Clinical Hours
60	45	60