Course Information Form (CIF)

Course Code: NUR 238

Course Title: Pediatric Nursing

Department: Nursing
PCS Code: 1.2 - Occupational/Technical Instruction
CIP Code: 51.3801
Repeatability: 0

Effective Date: Summer 2026

Credit Hours

Catalog Notation: 2-3-3
Credit Hour Distribution:

Lecture: 2	Lab: 0	Clinical: 3	**Total: 3**

General Course Information

Catalog Description

Family-centered nursing care for infants, children, and adolescents in a variety of settings. Emphasis is on promoting, maintaining, and restoring health, reinforcing uniqueness of each child and family, and establishing therapeutic nurse/child/family relationships.

General Course Objectives

Upon completion of this course, the student will be able to expand on previously mastered medical-surgical content in order to implement safe, effective, family-centered nursing care to pediatric patients in a variety of settings. The student will be able to utilize the nursing process to identify specific client needs based on age and developmental level to implement an individualized plan of care for infants, children, and adolescent clients.

Minimum Placement Levels

English	Reading	Math
Credit in ENG 101 with a grade of C or higher	Placement out of CCS 099	None

Prerequisites

Credit in NUR 118, NUR 151, BIO 122, and PSY 101
Credit or concurrent enrollment in NUR 236, NUR 255, BIO 123, and PSY 209
Admission into the Nursing program

Methods of Evaluation

6 exams, 1 comprehensive final examination, Kaplan Pediatric NGN integrated and focused exams, congenital cardiac conditions group presentation, FA Davis personalized learning assessments, Pediatric Nursing care plans, and clinical competency as defined by the program's Core Components and Competencies.

Instructional Materials and Additional Supplies
Maternal-Child Nursing Care, F.A. Davis Company. 9781719640985

Course Content

General Learning Outcomes (GLOs)

- Critical Thinking and Information Literacy: Students will demonstrate the ability to evaluate perspectives, evidence, and implications, and to locate, assess, and use information effectively.
- Reasoning and Inquiry: Students will demonstrate the ability to solve problems using deductive reasoning and logic, quantitative reasoning, or the scientific method.
- Technology: Students will demonstrate the ability to evaluate, select, and appropriately use current and emerging tools.

Course Segments and Student Learning Outcomes

Course Segment	Learning Outcomes	Lecture Hours	Lab Hours	Clinical Hours
Foundations of Pediatric Nursing	1. Identify ethical concepts related to providing nursing care to children and their families. 2. Describe legal issues related to caring for children and their families. 3. Compare and contrast the factors associated with health status and lifestyle that affect a child's health. 4. Examine access and barriers to health care and its effect on child health. 5. Consider culture and ethnicity in relation to child health. 6. Discuss community and its effects on a child's health. 7. Identify the major roles and functions of pediatric nursing, including the scope of practice and the professional standards for pediatric nurses. 8. Identify risk factors for child abuse or neglect and sexual abuse.	2	0	3
Health Promotion of the Growing Child and Family	1. Describe normal physical growth, physiologic changes, and sensory development in each of the developmental stages: newborn and infant, toddler, preschooler, school-age, and adolescent. 2. Identify the gross and fine motor milestones of the child in each developmental stage. 3. Examine common issues related to growth and development in each of the developmental stages. 4. Demonstrate knowledge of appropriate anticipatory guidance for common developmental issues in each developmental stage. 5. Explain psychosocial, cognitive, social/emotional, and moral/spiritual development in each of the developmental stages. 6. Identify ways to educate children and families on safety promotion in the different developmental stages. 7. Identify appropriate methods of discipline used in each of the developmental stages. 8. Provide appropriate anticipatory guidance for common developmental issues that arise in each of the developmental stages. 9. Describe the role of peers and school in the development and socialization of the school-age child and adolescent. 10. Identify changes in relationships with peers, family, teachers, and community during adolescence.	3	0	5

Course Segment	Learning Outcomes	Lecture Hours	Lab Hours	Clinical Hours
Atraumatic Care of Children and Families	1. Describe the major principles and concepts of atraumatic care of children and families. 2. Describe interventions to incorporate atraumatic care to prevent and minimize physical stress for children and families. 3. Explain the major components and concepts of family-centered care. 4. Describe appropriate therapeutic communication skills when interacting with children and their families. 5. Identify culturally competent communication when working with children and their families. 6. Describe the process of health teaching as it relates to children and their families.	2	0	5
Health Supervision	1. Describe the principles of health supervision. 2. Discuss developmental surveillance and developmental screening of children. 3. Demonstrate knowledge of the principles of immunization. 4. Identify barriers to immunization. 5. Explain key components of health promotion. 6. Describe the role of anticipatory guidance in health promotion. 7. Identify challenges to health supervision for children with chronic illnesses.	1	0	1
Health Assessment of Children	1. Demonstrate an understanding of the appropriate health history to obtain from the child and the parent or primary caregiver. 2. Individualize elements of the health history depending on the age of the child. 3. Identify health assessment approaches that relate to the age and developmental stage of the child. 4. Describe the appropriate sequence of the physical examination in the context of the child's developmental stage. 5. Distinguish normal variations in the physical examination from differences that may indicate serious alterations in health status.	2	0	5
Caring for Children in Diverse Settings	1. Discuss the variety of settings in which nursing care occurs. 2. Describe the various roles of the nurse including hospital and community settings and home care nurses. 3. Explain the major stressors of illness and hospitalization for children. 4. Identify the reactions and responses of children and their families during illness and hospitalization. 5. Describe the nursing care that minimizes stressors for children who are ill or hospitalized. 6. Discuss appropriate safety measures to use with hospitalized children. 7. Identify nursing responsibilities related to clients discharged from the hospital.	1	0	4

Course Segment	Learning Outcomes	Lecture Hours	Lab Hours	Clinical Hours
Key Pediatric Nursing Interventions	1. Describe the "rights" of pediatric medication administration. 2. Explain the physiologic differences in children affecting a medication's pharmacodynamic and pharmacokinetic properties. 3. Accurately determine recommended pediatric medication doses. 4. Explain the proper technique for administering medication to children via the oral, rectal, ophthalmic, otic, intravenous, intramuscular, and subcutaneous routes. 5. Discuss atraumatic approaches to care in medication administration in children. 6. Describe nursing management related to maintenance of intravenous infusions and prevention of complications in children. 7. Explain nursing care related to enteral tube feedings. 8. Identify the preferred sites for peripheral and central intravenous medication administration.	2	0	5
Alteration in Comfort-Pain Assessment and Management	1. Identify the major physiologic events associated with the perception of pain. 2. Discuss the factors that influence the pain response. 3. Identify the developmental considerations of the effects and management of pain. 4. Explain the principles of pain assessment as they relate to children. 5. Understand the use of the various pain rating scales and physiologic monitoring for children. 6. Establish a nursing care plan for children related to management of pain, including pharmacologic and non-pharmacologic techniques and strategies.	2	0	5
Nursing Care of Children with a Health Disorder	1. Describe anatomic and physiologic differences in children versus adults in relation to health disorders in children. 2. Identify nursing interventions related to common laboratory and diagnostic tests, common drugs, and common medical treatments used in the diagnosis and management of health disorders in children. 3. Identify appropriate nursing assessments and interventions used to manage health disorders in children. 4. Develop child and family teaching plans for the child with a health disorder. 5. Describe the psychosocial impact of health disorders on children and their families.	12	0	5
Nursing Care During a Pediatric Emergency	1. Identify various factors contributing to emergency situations among infants and children. 2. Discuss common treatments and medications used during pediatric emergencies. 3. Conduct a health history of a child in an emergency situation, specific to the emergency. 4. Apply knowledge of pathophysiology when caring for a child experiencing a medical emergency. 5. Discuss common laboratory and other diagnostic tests used during pediatric emergencies.	2	0	5

Course Segment	Learning Outcomes	Lecture Hours	Lab Hours	Clinical Hours
Caring for the Special Needs Child	1. Analyze the impact that being a child with special needs has on the child and family. 2. Identify anticipated times when the child and family will require additional support. 3. Describe ways that nurses assist children with special needs and their families to obtain optimal functioning. 4. Discuss early intervention and public school education for the special needs child. 5. Discuss key elements related to pediatric end-of-life care. 6. Differentiate developmental responses to death and appropriate interventions.	1	0	2

Total Contact Hours

Lecture Hours	Lab Hours	Clinical Hours
30	0	45