

Course Code: OTA 113

Course Title: Health and Occupation I

Department: Allied Health

Effective Date: Summer 2026

PCS Code: 1.2 - Occupational/Technical Instruction

CIP Code: 51.0803

Repeatability: 0

Credit Hours

Catalog Notation: 3-0-3

Credit Hour Distribution:

Lecture: 3

Lab: 0

Clinical: 0

Total: 3

General Course Information

Catalog Description

Defines selected health problems (client factors) across the life span and their impact on occupational choices, performance skills, and role functions. Focuses on individuals who have mild or acute occupational performance deficits.

General Course Objectives

1. Identify and describe key signs, symptoms, etiology, and current medical interventions for selected health problems across the life span.
2. Describe how developmental, health, and psychological conditions impact occupational performance and role behavior resulting in mild occupational dysfunction.
3. Describe the organization and administration of different practice settings.
4. Demonstrate skills in research, organization, and written communication about health and occupations.

Minimum Placement Levels

English	Reading	Math
Placement out of ENG 099	Placement out of CCS 099	None

Prerequisites

Credit in OTA 111, OTA 112, BIO 121, ENG 101, and PSY 101

Concurrent enrollment in OTA 114, OTA 115, BIO 122, and ENG 102

Admission into the Occupational Therapy Assistant program

Methods of Evaluation

14-16 formative quizzes, 3-4 summative objective exams, 1-2 term papers, 1-2 worksheets, 8-12 discussion boards, and 2-3 muscle competencies.

Instructional Materials and Additional Supplies

Human Development and Performance throughout the Life Span, Current edition. 978-1133951193

Quick Reference to Occupational Therapy Assistant, Current edition. 978-1416405450

Diseases of the Human Body, Current edition. 978-0803644519

Mental Health Concepts and Techniques for Occupational Therapy Assistants, Current edition. 978-1496309624

Course Content

General Learning Outcomes (GLOs)

- Communication: Students will demonstrate the ability to read, write, listen, and speak effectively.
- Critical Thinking and Information Literacy: Students will demonstrate the ability to evaluate perspectives, evidence, and implications, and to locate, assess, and use information effectively.

Course Segments and Student Learning Outcomes

Course Segment	Learning Outcomes	Lecture Hours	Lab Hours	Clinical Hours
Clinical Reasoning and Problem-solving Using Theoretical Concepts in Papers and Projects	<ol style="list-style-type: none">1. Identify and define key signs, symptoms, etiology, prognosis, and current medical interventions during acute and chronic phases for selected developmental, health, social, and behavioral problems across the life span which may result in mild occupational dysfunction.2. Describe the effects of physical, mental, and heritable diseases and predisposing genetic conditions, disability, disease processes, and traumatic injury to the individuals within the cultural context of family and society on occupational performance.3. Articulate how diseases, impairments, deprivation, and social injustice contribute to and may result in mild deficits in occupational skills, routines, and role behavior in daily living.4. Apply key terms, concepts, and stages of human development to describe its influence on client factors, health conditions, and human occupation.5. Identify and describe the impact of individual and community diversity, lifestyle choices, and sociocultural and socioeconomic factors on society.6. Apply key concepts of human behavior and social science to describe their relationship to health, prognosis, and the sequence of medical, behavioral, social, and community interventions.7. Identify and describe the types of community, medical, and mental health services that a client may participate in during the intervention process for the selected health problem across the life span.8. Describe legislation and current changes in social and economic factors and their impact on health promotion, the continuum of care, and the affordance of occupational justice to achieve health and wellness.9. Identify and describe the impact of social issues, welfare, and health on daily occupations of the individual and populations.10. Determine the basic impact of health conditions across several life stages.	38	0	0

Course Segment	Learning Outcomes	Lecture Hours	Lab Hours	Clinical Hours
Developing Ethical Standards Pertaining to Professional Interactions, Academic Writing, and Classroom Behavior	<ol style="list-style-type: none"> 1. Demonstrate appropriate APA referencing in papers. 2. Demonstrate professional ethics in interactions with classmates. 3. Demonstrate proper ethics with all assignments and exams. 	1	0	0
Communication Skills in Verbal and Written Work	<ol style="list-style-type: none"> 1. Articulate the key points of professional material using appropriate APA referencing in term papers. 2. Assess content and literature and write a paper to describe the impact of health issues on occupational performance using effective grammar, medical, and occupation-based terminology, spelling, and syntax. 3. Actively engage in discussion and active learning activities. 	2	0	0
Civic Engagement as It Pertains to OT Legislation	<ol style="list-style-type: none"> 1. Identify and describe legislation and community resources that support clients' needs. 	1	0	0
Evidence-based Practice Demonstrated with Written Assignments	<ol style="list-style-type: none"> 1. Demonstrate skills in using databases to research topics within professional publications and library. 2. Define types of research terminology used to describe research results. 3. Identify and apply appropriate in-text citation and referencing using APA format. 4. Demonstrate effective critical thinking and written communication skills in written term papers. 	3	0	0

Total Contact Hours

Lecture Hours	Lab Hours	Clinical Hours
45	0	0