

Course Code: OTA 211

Course Title: Health and Occupation II

Department: Allied Health

Effective Date: Summer 2026

PCS Code: 1.2 - Occupational/Technical Instruction

CIP Code: 51.0803

Repeatability: 0

Credit Hours

Catalog Notation: 3-0-3

Credit Hour Distribution:

Lecture: 3

Lab: 0

Clinical: 0

Total: 3

General Course Information

Catalog Description

Health problems (client factors) across the life span and the impact on occupational choices, performance patterns, and performance skills. Focuses on individuals with moderate or chronic occupational performance deficits.

General Course Objectives

1. Identify key signs, symptoms, etiology, prognosis and current medical interventions, during acute and chronic phases, for selected developmental, health, social, and behavioral problems across the life span which may result in moderate occupational dysfunction. (B.1)
2. Describe how multiple problems (diseases, impairments, deprivation, and social injustice) may impact prognosis, participation in the intervention process, and/or may result in moderate deficits in occupational skills, routines, and role behavior in daily living. (B.1., B.3.)
3. Describe the effects of physical, mental, heritable diseases and predisposing genetic conditions, disability, disease processes, and traumatic injury to individuals within the cultural context of family and society on occupational performance. (B.1, B.3)
4. Apply key terms, concepts and stages of human development to describe its influence on occupations, performance patterns, performance skills, client factors and contexts. (B.1.1.)
5. Apply key concepts of human behavior and social science to describe its relationship to health, prognosis, and the sequence of medical, behavioral, social and community interventions. (B.1.1., B.3.1.)
6. Identify and describe the types of community, medical and mental health services that a client may participate in during the intervention process for the selected health problems across the life span. (B.3.1., B.5)
7. Identify current trends in legislation, social, and economic factors to describe their impact on health promotion, access to care, and the ability to achieve health and wellness. (B.1.3., B.4.)
8. Demonstrate skills in use of professional literature/research for critical analysis and problem-solving. (B. 6.1.)
9. Demonstrate effective oral and written communication skills about health and occupations. (B.1, B.3, B.4.23.)

Minimum Placement Levels

English	Reading	Math
Placement out of ENG 099	Placement out of CCS 099	Placement out of MAT 072

Prerequisites

Credit in OTA 113, BIO 122, PSY 209, and SOC 101

Concurrent enrollment in OTA 212

Admission into the Occupational Therapy Assistant program

Methods of Evaluation

4 objective exams, 10-12 quizzes, 4-5 writing assignments, 6-8 discussion board posts.

Instructional Materials and Additional Supplies

Human Development and Performance Throughout the Lifespan, Current edition. 978-1133951193

Quick Reference to Occupational Therapy, Current edition. 978-1416405450

Diseases of the Human Body, Current edition. 978-1719640381

Vision, Perception, and Cognition: A Manual for the Evaluation and Treatment of the Adult with Acquired Brain Injury, Current edition. 978-1617110818

Course Content

General Learning Outcomes (GLOs)

- Communication: Students will demonstrate the ability to read, write, listen, and speak effectively.
- Critical Thinking and Information Literacy: Students will demonstrate the ability to evaluate perspectives, evidence, and implications, and to locate, assess, and use information effectively.
- Reasoning and Inquiry: Students will demonstrate the ability to solve problems using deductive reasoning and logic, quantitative reasoning, or the scientific method.

Course Segments and Student Learning Outcomes

Course Segment	Learning Outcomes	Lecture Hours	Lab Hours	Clinical Hours
Critical Thinking and Problem-Solving for Occupational Impact of Health Problems	<ol style="list-style-type: none">1. Demonstrate effective critical thinking and written communication skills in written papers by examining, collecting, and describing how multiple and compounding health problems impact occupational function across the lifespan.2. Analyze and appraise literature to successfully discuss selected topics during discussion boards.3. Define, outline, and explain how the signs, symptoms, etiology, and prognosis of selected health problems (client factors) result in moderate or chronic occupational dysfunction across the lifespan.4. Describe the impact of moderate and compounding health problems on the development of occupations, performance patterns, and performance skills across the lifespan and on their family members/caregivers and relationships within the community.5. Describe and summarize how contexts, socioeconomic and cultural factors influence interactions and interventions within various practice settings.6. Describe the types of medical, educational, and community services for people with moderate occupational dysfunction across the lifespan.7. Identify and analyze the impact of social issues, welfare, and health on daily occupations of the individual and populations with multiple health problems.	25	0	0

Course Segment	Learning Outcomes	Lecture Hours	Lab Hours	Clinical Hours
Professional Ethics in Health Professions	1. Use appropriate APA referencing in professional ethics papers.	2	0	0
Communication Skills in OT-related Topics	<ol style="list-style-type: none"> 1. Summarize and select key points of professional material using appropriate APA referencing in papers. 2. Organize content and compose paper to describe impact of multiple and compounding health issues on occupational performance using effective grammar, medical and occupation-based terminology, spelling, and syntax. 3. Engage and relate relevant information for selected resources during discussions and active learning activities. 4. Demonstrate effective critical thinking and written communication skills in written term papers. 	10	0	0
Civic Engagement as an Occupational Therapy Professional	1. Identify and explain how legislation and community resources may support clients' needs.	1	0	0
Evidence-based Research on OT-related Topics	<ol style="list-style-type: none"> 1. Demonstrate skills in using databases to research topics within professional publications and library to effectively compile resources for paper. 2. Demonstrate effective critical thinking and written communication skills to generate and compose thoughts and rationale for paper and discussion boards. 3. Demonstrate basic computer competency to use online course materials, to prepare written reports, and to communicate with others. 4. Use appropriate APA referencing in papers. 	7	0	0

Total Contact Hours

Lecture Hours	Lab Hours	Clinical Hours
45	0	0