

Course Code: OTA 216

Course Title: Therapeutic Process III

Department: Allied Health

Effective Date: Summer 2026

PCS Code: 1.2 - Occupational/Technical Instruction

CIP Code: 51.0803

Repeatability: 0

Credit Hours

Catalog Notation: 2-3-3

Credit Hour Distribution:

Lecture: 2

Lab: 3

Clinical: 0

Total: 3

General Course Information

Catalog Description

Occupational therapy planning, intervention, and clinical reasoning in the support and management of services for persons with serious health problems resulting in severe and/or progressive deterioration of occupational performance.

General Course Objectives

1. Understand the roles and responsibilities of the OTR in evaluation, treatment planning/implementation and management of services for severe occupational dysfunction. (B.3.0)
2. Understand the roles and responsibilities of the COTA in evaluation, treatment planning and implementation for individuals with severe occupational dysfunction. (B.3.0)
3. Define the OTR/COTA's roles and responsibilities in data collection using structured checklists and assessments. (B.3.5)
4. Understand the roles and responsibilities of the OTR and COTA in service management for individuals with severe occupational dysfunction. (B.3.0, B.4.1, B.4.2, B.4.6)
5. Demonstrate entry-level skill in treatment planning, selection of treatment principles, activities, methods and procedures, and guidelines for in-service/consultation with other staff members. (B.3.0, B.3.21, B.4.6)
6. Demonstrate entry-level skill in clinical reasoning by applying the Standards of Practice, intervention techniques and modifications to problem-solving using case studies. (B.3.0, B.4.0, B.5.1)
7. Demonstrate effective consultation and modification of intervention for family and caregivers. (B.3.0, B.3.6, B.4.0)
8. Demonstrate entry-level skill in community education and advocacy for clients and the profession. (B.2.9, B.3.0, B.3.6, B.4.2)
9. Demonstrate basic research skills. (B.5.1)

Minimum Placement Levels

English	Reading	Math
Placement out of ENG 099	Placement out of CCS 099	None

Prerequisites

Credit in OTA 212, OTA 214, and ENG 102
Concurrent enrollment in OTA 215, OTA 217, and OTA 218
Admission into the Occupational Therapy Assistant program

Methods of Evaluation

10-12 quizzes, 2-4 case study papers, 2 objective exams, 1-2 journal review presentations, 1 outreach presentation to local high schools, and 2-6 homework activities.

Instructional Materials and Additional Supplies

Occupational Therapy with Elders: Strategies for the COTA, Current edition. 9780323498463
Willard and Spackman's Occupational Therapy, Current edition. 978-1975106584
Mental Health Concepts and Techniques for Occupational Therapy Assistants, Current edition. 978-1496309624
Case Studies Through the Health Care Continuum: A Workbook for the Occupational Therapy Student, Current edition. 978-1617118333

Course Content

General Learning Outcomes (GLOs)

- Communication: Students will demonstrate the ability to read, write, listen, and speak effectively.
- Critical Thinking and Information Literacy: Students will demonstrate the ability to evaluate perspectives, evidence, and implications, and to locate, assess, and use information effectively.

Course Segments and Student Learning Outcomes

Course Segment	Learning Outcomes	Lecture Hours	Lab Hours	Clinical Hours
Clinical Reasoning and Problem-solving in Developing Treatment Plans for OTA Clients	<ol style="list-style-type: none">1. Illustrate clinical reasoning skills by applying Standards of Practice and the Occupational Therapy Practice Framework 3rd edition, techniques, and environmental modifications to problem-solving using case studies.2. Define and contrast the OTR/COTA's roles and responsibilities in data collection using structured checklists and assessments across the lifespan.3. Define, apply, and generate treatment intervention plans to address goals for infants and children with severe physical, developmental learning, and behavioral problems; for adolescents and young adults with selected severe physical and psychosocial problems; and for middle-aged and older adults with selected severe physical and psychosocial problems.4. Demonstrate effective consultation and modification of intervention for family and caregivers of clients across the lifespan.5. Analyze, select, construct, and modify home program to meet the occupational needs of a client with severe and progressive muscular disorder.6. Analyze, develop, and modify an intervention program addressing compounding diagnoses.7. Identify and explain all pertinent precautions to be addressed while working with people with compounding health problems.8. Demonstrate entry-level competency in critical thinking and communication skills for papers.	14	16	0

Course Segment	Learning Outcomes	Lecture Hours	Lab Hours	Clinical Hours
Communication Skills in Presenting Case Studies	<ol style="list-style-type: none"> 1. Illustrate effective written communication skills in treatment plans and research summaries. 2. Compose appropriate and effective client-based goals based on strengths and occupational needs. 3. Effectively communicate a home program for a client and caregivers. 4. Develop and explain treatment procedures to address treatment goals for people across the lifespan with severe physical and psychosocial problems. 5. Develop and modify intervention plans and research summaries to effectively demonstrate written communication skills. 6. Demonstrate entry-level competency in critical thinking and communication skills for case studies. 7. Demonstrate effective computer skills to use online course materials and to communicate with others. 	5	10	0
Interprofessional and Intraprofessional Collaboration with Occupational Therapy Team and Other Health Professions	<ol style="list-style-type: none"> 1. Contrast and describe the OTR/COTA's roles and responsibilities in data collection using structured checklists, interviews, and assessments. 2. Educate and explain to caregivers and paraprofessionals based on evaluation and analysis of the needs of the client. 3. Collaborate with OTR and caregivers regarding various therapy interventions with various clients throughout the life span. 	5	8	0
Teaching/Learning via Education and Marketing to Local High Schools and Prospective Students	<ol style="list-style-type: none"> 1. Create, prepare, and present an interactive presentation showing effective written and oral communication skills to local high schools or community events. 2. Demonstrate competency in planning and conducting community education service. 3. Advocate for and promote the OT profession and educate community high school students to the value of OT and its viability as a rewarding career path. 	5	9	0
Evidence-based Practice in Health Professions	<ol style="list-style-type: none"> 1. Illustrate effective use of evidence-based and/or peer-reviewed articles when writing treatment plans. 2. Collect and assess information on specific health problems using evidence-based and/or peer-reviewed articles. 3. Differentiate and explain information and health literacy to research topics within professional publications and critically read research articles. 4. Collect evidence-based information and analyze benefits for various therapy interventions with various clients throughout the life span using peer-reviewed articles and other reliable sources. 	1	2	0

Total Contact Hours

Lecture Hours	Lab Hours	Clinical Hours
30	45	0