

Course Information Form (CIF)

Course Code: PSY 101 (IAI S6 900)

Course Title: Introduction to Psychology

Department: Arts, Media, and Social Sciences

Effective Date: Summer 2026

PCS Code: 1.1 - Baccalaureate/Transfer

CIP Code: 42.0101

Repeatability: 0

Credit Hours

Catalog Notation: 4-0-4

Credit Hour Distribution:

Lecture: 4

Lab: 0

Clinical: 0

Total: 4

General Course Information

Catalog Description

Introduction to scientific study of thoughts, feelings, and behavior. Survey of research and theories, emphasizing social behavior, intelligence, memory, disorders, therapy, personality, development, learning, motivation, emotion, sensation, and perception.

General Course Objectives

To acquaint the student with the major concepts and theoretical frameworks of psychology; to encourage an understanding of its dynamic nature and an appreciation for its application in our daily lives. The learning outcomes listed below are the minimal outcomes required for every section of this course. Any additional learning outcomes are determined by the instructor.

Minimum Placement Levels

English	Reading	Math
Placement out of ENG 099	None	None

Prerequisites

None

Methods of Evaluation

3-4 exams (objective, comprehension, and application-level multiple choice and/or short answer); 4-6 application activities and/or writing assignments.

Instructional Materials and Additional Supplies

Psychology in your Life, current edition. By Sarah Grison and Michael Gazzaniga.

Course Content

General Learning Outcomes (GLOs)

- Critical Thinking and Information Literacy: Students will demonstrate the ability to evaluate perspectives, evidence, and implications, and to locate, assess, and use information effectively.
- Global Awareness and Cultural Reasoning: Students will demonstrate their understanding of global issues, gender and sexual orientation, and multicultural perspectives.

Course Segments and Student Learning Outcomes

Course Segment	Learning Outcomes	Lecture Hours	Lab Hours	Clinical Hours
General Introduction	1. Identify the goals of psychology and science and critical thinking.	2	0	0
Research Methods	1. Describe the basic principles of conducting research as well as different research techniques, such as the experiment, correlational study, case study, observational study, and survey.	4	0	0
Brain/Nervous System	1. Identify the structures and function of the neuron. 2. Describe the human nervous system. 3. Identify the general placement and function of basic areas of the brain.	6	0	0
Sensation	1. Explain the basic concepts used in the study of sensation. 2. Recognize the internal structures and functions of the human sense organs.	2	0	0
Perception	1. Discuss the bottom-up and top-down processes of perception. 2. Summarize the principles of Gestalt and depth perception.	2	0	0
Consciousness	1. Demonstrate an understanding of the basic concepts of consciousness. 2. Explain the stages of sleep and the role of dreaming in our lives.	4	0	0
Learning/Conditioning	1. Examine the role learning plays in own life. 2. Apply the concepts of classical and operant conditioning to own life.	6	0	0
Memory	1. Describe the models of how memory works. 2. Apply understanding of memory to improve study techniques.	5	0	0
Motivation/Emotion	1. Apply the basic principles and major theories of motivation to own life. 2. Apply the basic principles and major theories of emotion to own life.	5	0	0
Human Development	1. Discuss the basic principles and major theories of development, including those of Piaget and Erikson.	6	0	0
Personality Theory	1. Compare and contrast the psychodynamic, humanistic, social cognitive, and trait perspectives.	4	0	0
Health Psychology	1. Describe the concept of stress. 2. Discuss how stress management techniques could be applied to one's own life.	4	0	0
Disorders and Treatments	1. Identify various mental disorders and discuss their treatment.	6	0	0
Social Psychology	1. Explain the role of social forces in own life.	4	0	0

Total Contact Hours

Lecture Hours	Lab Hours	Clinical Hours
60	0	0