Course Information Form (CIF)

Course Code: PSY 107
Course Title: Human Sexuality

Department: Arts, Media, and Social Sciences
PCS Code: 1.1 - Baccalaureate/Transfer
CIP Code: 42.2707
Repeatability: 0

Effective Date: Summer 2026

Credit Hours

Catalog Notation: 3-0-3
Credit Hour Distribution:

Lecture: 3	Lab: 0	Clinical: 0	**Total: 3**

General Course Information

Catalog Description

Examination of the biological, psychological, and social aspects of human sexuality; development of sexual identity and effects of genetic, cultural, and environmental influences on human relationships and behavior.

General Course Objectives

To provide information to the student about: historical aspects of sexuality and how they affect sexual thought and behavior today; sex role development; cultural controls and biases as they affect sexual behavior; contemporary health issues related to sexual behaviors; the basic role of sexual behaviors in long-term relationships and family living; and sexual communication. The learning outcomes listed below are the minimal outcomes required for every section of this course. Any additional learning outcomes are determined by the instructor.

Minimum Placement Levels

English	Reading	Math
Placement out of ENG 099	None	None

Prerequisites

None

Methods of Evaluation

4-6 multiple choice exams, 2 projects, participation, and discussions.

Instructional Materials and Additional Supplies

Our Sexuality, by Crooks. Students my choose online or print copy of the current edition of the textbook.

Course Content

General Learning Outcomes (GLOs)

- Global Awareness and Cultural Reasoning: Students will demonstrate their understanding of global issues, gender and sexual orientation, and multicultural perspectives.

Course Segments and Student Learning Outcomes

Course Segment	Learning Outcomes	Lecture Hours	Lab Hours	Clinical Hours
Past and Current Attitudes Toward Sex	1. Develop an appreciation for how a cultural/historical perspective affects sexual thought and behavior today.	3	0	0
Sexual Structure and Function	1. Describe the biological aspects of human sexuality including sexual structure and function, human sexual response, and the effects of hormones on behavior and emotions.	7	0	0
Gender Issues	1. Explain the development of sex roles and their effect on sexual identity and sexual function.	6	0	0
Sexual Communication	1. Explain the importance of communication about sexual issues as well as the relationship between sex, love, and commitment relationships.	6	0	0
Sexual Orientation	1. Differentiate among theories of sexual orientation through current research and individual differences in sexual expression.	3	0	0
Sexual Maturation and Psychosexual Development	1. Evaluate maturation and sexual development from a psychological perspective.	3	0	0
Conception, Pregnancy, and Childbirth	1. Describe the mechanisms of conception, pregnancy, and childbirth, and discuss these events in our cultural setting.	3	0	0
Birth Control	1. Identify and evaluate the methods available for controlling fertility.	4	0	0
Sexual Health and Sexually Transmitted Diseases	1. Identify aspects of healthy sexual behavior and risk taking in relationship to sexually transmitted disease.	4	0	0
Legal and Social Issues	1. Describe how social and legal issues are related to sexuality and have an impact on sexual attitudes and behavior.	6	0	0

Total Contact Hours

Lecture Hours	Lab Hours	Clinical Hours
45	0	0