Course Information Form (CIF)

Course Code: PSY 203 (IAI PSY 905)

Course Title: Abnormal Psychology: An Integrative Approach

Department: Arts, Media, and Social Sciences
PCS Code: 1.1 - Baccalaureate/Transfer
CIP Code: 42.0101
Repeatability: 0

Effective Date: Summer 2026

Credit Hours

Catalog Notation: 3-0-3
Credit Hour Distribution:

Lecture: 3	Lab: 0	Clinical: 0	**Total: 3**

General Course Information

Catalog Description

Integration of theory and research as they relate to research methods; definition, assessment, and categorization of abnormal behavior; biological, psychosocial, and sociocultural origins of abnormal behavior; and treatment and prevention.

General Course Objectives

Abnormal Psychology is designed to provide students with information which will increase their understanding of a wide range of human behavior which is considered maladaptive. A number of different psychological disorders are examined using various psychological, social, and biological perspectives. The learning outcomes listed below are the minimal outcomes required for every section of this course. Any additional learning outcomes are determined by the instructor.

Minimum Placement Levels

English	Reading	Math
Placement out of ENG 099	None	None

Prerequisites

Credit in PSY 101

Methods of Evaluation

3-4 exams (objective, comprehension, and application-level multiple choice and/or short answer); 4-6 application activities and/or writing assignments.

Instructional Materials and Additional Supplies

Psychopathology: An Integrative Approach To Mental Disorders, by Barlow, Durand, and Hofmann. Students may choose an online or print copy of the current edition of the textbook.

Course Content

General Learning Outcomes (GLOs)

- Critical Thinking and Information Literacy: Students will demonstrate the ability to evaluate perspectives, evidence, and implications, and to locate, assess, and use information effectively.
- Global Awareness and Cultural Reasoning: Students will demonstrate their understanding of global issues, gender and sexual orientation, and multicultural perspectives.

Course Segments and Student Learning Outcomes

Course Segment	Learning Outcomes	Lecture Hours	Lab Hours	Clinical Hours
Identifying and Understanding Abnormal Behavior	1. Identify and distinguish between modern viewpoints and perspectives concerning inappropriate patterns of behavior. 2. Examine the relativity of definitions of abnormality based on cross-cultural, racial, age, and gender variables.	3	0	0
The Psychodynamic, Behavioristic, and Humanistic Perspectives	1. Identify and distinguish between the various major psychological viewpoints concerning the nature of human behavior.	2	0	0
Integrative Approach to Psychopathology	1. Discuss how genes, brain function, learning, emotions, and social factors contribute to psychological disorders.	3	0	0
Clinical Assessment and Diagnosis	1. Describe different strategies used in clinical assessment. 2. Discuss how the DSM is used to diagnose psychological disorders.	3	0	0
Anxiety Disorders	1. Describe the different types of anxiety disorders and obsessive compulsive disorder. 2. Discuss the contributing factors in the causes of these disorders. 3. Explain how these disorders are typically treated and the effectiveness of these treatments.	4	0	0
Somatic Symptom Disorders and Dissociative Disorders	1. Describe the types of somatic symptoms and dissociative disorders. 2. Discuss the contributing factors in the causes of these disorders. 3. Explain how these disorders are typically treated and the effectiveness of these treatments.	4	0	0
Mood Disorders	1. Describe the various mood disorders. 2. Discuss the contributing factors in the causes of these disorders. 3. Explain how these disorders are typically treated and the effectiveness of these treatments.	5	0	0
Personality Disorders	1. Describe the various personality disorders. 2. Discuss the contributing factors in the causes of these personality disorders. 3. Discuss whether there is an effective treatment for these personality disorders.	4	0	0
Addictive Disorders	1. Describe different types of addictive and impulse-control disorders. 2. Explain how these disorders are typically treated and the effectiveness of these treatments.	4	0	0

Course Segment	Learning Outcomes	Lecture Hours	Lab Hours	Clinical Hours
Schizophrenia Spectrum Disorder	1. Describe the symptoms of schizophrenia spectrum disorders. 2. Discuss the contributing factors in the causes of these disorders. 3. Explain how these disorders are typically treated and the effectiveness of these treatments.	5	0	0
Eating Disorders	1. Describe the different types of eating disorders. 2. Discuss the contributing factors in the causes of these disorders. 3. Explain how these disorders are typically treated and the effectiveness of these treatments.	4	0	0
Sex and Gender Disorders	1. Describe disorders related to sex and gender. 2. Discuss the contributing factors in the causes of these disorders. 3. Explain how these disorders are typically treated and the effectiveness of these treatments.	4	0	0

Total Contact Hours

Lecture Hours	Lab Hours	Clinical Hours
45	0	0