Course Information Form (CIF)

Course Code: SOC 113

Course Title: Mental Health and Social Service Skills

Department: Arts, Media, and Social Sciences
PCS Code: 1.2 - Occupational/Technical Instruction
CIP Code: 51.1508
Repeatability: 0

Effective Date: Summer 2026

Credit Hours

Catalog Notation: 4-0-4
Credit Hour Distribution:

Lecture: 4	Lab: 0	Clinical: 0	**Total: 4**

General Course Information

Catalog Description

Develop skills to support those seeking help for mental illness, developmental disabilities, and substance abuse issues. Prepares students to gain entry-level positions in mental health and social service agencies.

General Course Objectives

Develop basic skills to effectively engage with individuals who experience mental health difficulties and/or who have unmet social service needs.

Minimum Placement Levels

English	Reading	Math
Placement out of ENG 098	None	None

Prerequisites

None

Methods of Evaluation

7-10 quizzes, 7-10 written essays, 5-7 skills demonstrations, and 1-2 exams.

Instructional Materials and Additional Supplies

The instructor provides case studies and other readings for the class.

Course Content

General Learning Outcomes (GLOs)

- Communication: Students will demonstrate the ability to read, write, listen, and speak effectively.
- Critical Thinking and Information Literacy: Students will demonstrate the ability to evaluate perspectives, evidence, and implications, and to locate, assess, and use information effectively.

Course Segments and Student Learning Outcomes

Course Segment	Learning Outcomes	Lecture Hours	Lab Hours	Clinical Hours
Advocating	1. Show ability to focus on others' needs and advocate for others.	12	0	0
Ethical Responsibilities	1. Construct ways to maintain ethical responsibilities in typical and difficult situations with clients. 2. Articulate ways to manage personal issues/triggers.	12	0	0
Mentoring	1. Demonstrate ability to communicate in non-judgmental ways.	12	0	0
Recovery Support	1. Demonstrate effective recovery support.	12	0	0
Billing and Paperwork	1. Articulate government benefits and private options for payment of services. 2. Demonstrate ability to read and write case notes.	12	0	0

Total Contact Hours

Lecture Hours	Lab Hours	Clinical Hours
60	0	0